

Fairfield-Suisun USD Elementary K-8 Menu

BREAKFAST - served with fresh fruit, 100% fruit juice and lowfat or nonfat white milk

| Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------------------------------------|----------------------------|-------------------------------------|--------------------------------------------|------------------------------------------------------------|
| <i>Reduced Sugar Cereal and Waffle Graham served daily</i> | | | | |
| Turkey Ham & Cheese Bagel | French Toast Sticks | Yogurt Parfait with Fruit & Granola | NEW Student Choice Cinnamon Roll | Breakfast Pizza |
| Bagel & Cream Cheese | French Toast Breakfast Bar | PB & Banana Sandwich | NEW Student Choice Cinnamon Roll | NEW Student Choice Beef Chorizo & Cheese Roll-Up |

LUNCH - served with fresh fruit and veggies, lowfat white or nonfat chocolate milk

| Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------------------------|---------------------------------------|-----------------------------------|---------------------------------------------|-------------------------------------------------------|
| Penne Pasta & Chicken Meatballs with Red Sauce | Pizza - Cheese or Pepperoni | Beef & Cheese Nachos | Orange Chicken Rice Bowl & Fortune Cookie | Cheeseburger |
| Chicken Nuggets & Smart Bites | Turkey Hot Dog | Bean & Cheese Burrito with Salsa | Grilled Cheese Sandwich | PopCorn Chicken & Mash |
| PBJ, String Cheese, Cracker | Peanut Butter Snack Pack | PBJ, String Cheese, Cracker | Peanut Butter Snack Pack | PBJ, String Cheese, Cracker |
| Macaroni & Cheese with Garlic Breadstick | Pizza - Cheese or Pepperoni | Cheesy Breadsticks with Red Sauce | Teriyaki Chicken Rice Bowl & Fortune Cookie | Chicken Burger |
| Chicken Tenders & Smart Bites | Mini Chicken Corndogs & Potato Smiles | Turkey Chili in Cornbread Bowl | Grilled Turkey Ham & Cheese Sandwich | Breakfast 4 Lunch – French Toast & Pork Sausage Links |
| PBJ, String Cheese, Cracker | Peanut Butter Snack Pack | PBJ, String Cheese, Cracker | Peanut Butter Snack Pack | PBJ, String Cheese, Cracker |

The menu rotates every week. Find out which week we are serving by matching the colors on the calendar.
NS = No School

| November | | | | | December | | | | | January | | | | | February | | | | | March | | | | |
|----------|----|----|----|----|----------|----|----|----|----|---------|----|----|----|----|----------|----|----|----|----|-------|----|----|----|----|
| M | T | W | T | F | M | T | W | T | F | M | T | W | T | F | M | T | W | T | F | M | T | W | T | F |
| | | | 1 | NS | 3 | 4 | 5 | 6 | 7 | | NS | NS | NS | NS | | | | | 1 | | | | | 1 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 7 | 8 | 9 | 10 | 11 | 4 | 5 | 6 | 7 | 8 | 4 | 5 | 6 | 7 | NS |
| NS | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | NS | 14 | 15 | 16 | 17 | 18 | NS | 12 | 13 | 14 | 15 | 11 | 12 | 13 | 14 | 15 |
| NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | 22 | 23 | 24 | 25 | NS | 19 | 20 | 21 | 22 | 18 | 19 | 20 | 21 | 22 |
| 26 | 27 | 28 | 29 | 30 | NS | | | | | 28 | 29 | 30 | 31 | | 25 | 26 | 27 | 28 | | NS | NS | NS | NS | NS |

November — March 2019

SPECIAL MENU DAYS

November 8 & 16 Thanksgiving Lunch
 February 14 Valentine's Day
 March 1 Celebrate Dr. Seuss
 March 4-8 National School Breakfast Week
 March 18 St. Patrick's Day

We are happy to feed your student and help prepare them to learn. We serve breakfast and lunch every school day.

Please ensure your student knows their 6 digit ID number to use in the cafeteria.

All bread products are made with whole grains and reduced sugar. Dairy products have reduced sugar and are low or no fat. All products are low in sodium and trans fat free.

Meal Prices

Breakfast Students \$1.50
 Adults \$3.00

Lunch Students \$2.75
 Adults \$4.00



Prepayments made easy at:
www.myschoolbucks.com

Online Meal Applications at:
www.myschoolapps.com

More Information at:
www.fsusd.org/ChildNutrition

*The menu is subject to change at times.
 This institution is an equal opportunity provider.*